

# SOCIOLOGY

**Placement: Second Year**

**Total Hours: 60**

**Course Description:** This course is designed to introduce the concepts of sociology related to community and social institutions in India and its relationship with health, illness and nursing.

**Course objectives:** At the end of the course, the student will be able to:

1. Describe the structure and the dynamics of the society
2. Discuss the relationship of the individual to the society.
3. Understand the social problems and its influence on social changes and the factors contributing to it.
4. Describe sociological concepts applicable to nursing.
5. Determine role of sociology in nursing as related to social institution in India
6. Develop positive attitudes towards individual, family and community.

Unit	Time (Hrs)	Learning Objectives	Content	Teaching Learning Activity	Assessment method
I	1	State the importance of sociology in Nursing	<b>Introduction</b> Definition of Sociology Nature and Scope of the discipline Importance and application of Sociology in Nursing	Lecture Discussion	Essay type Short answers
II	3	Describe the inter - relationship of individual in society and community	<b>Individual &amp; Society</b> Society and Community Nature of Society Difference between society and community Process of socialization and individualization Personal disorganization	Lecture Discussion	Essay type Short answers
III	3	Describe the influence of culture and on health and disease	<b>Culture</b> Nature of culture Evolution of culture Diversity and uniformity of culture Culture and socialization  Trans cultural society Influence on health and disease	Lecture Discussion Panel Discussion	Essay type Short answers

Unit	Time (Hrs)	Learning Objectives	Content	Teaching Learning Activity	Assessment method
IV	4	Identify various social groups and their interactions	<b>Social groups and Processes</b> The meaning and classification of groups Primary & Secondary Group In-group V/s. Out-group, Class, Tribe, caste Economic, Political, Religious groups, Mob, Crowd, Public and Audience Interaction & social processes Co - operation, competition, conflict Accommodation, Assimilation & Isolation	Lecture Discussion	Essay type Short answers
V	6	Explain the growth of population in India and its impact on health	<b>Population</b> Society and population Population distribution in India Demographic characteristics Malthusian theory of populations Population explosion in India and its impact on health status Family welfare programmes	Lecture Discussion Community identification	Essay type Short answers Assessment of report on community identification
VI	5	Describe the institutions of family and marriage in India	<b>Family and Marriage</b> Family - functions Types - Joint, Nuclear, Blended and extended family: Characteristics The modern family - changes, problems - Dowry etc. Welfare services Changes & legislations on family and marriage in India - marriage acts Marriage: Forms and functions of marriage Marriage and family problems in India Family, marriage and their influence on health and health practices	Lecture Discussion Family case study	Essay type Short answers Assessment of family case study

Unit	Time (Hrs)	Learning Objectives	Content	Teaching Learning Activity	Assessment method
VII	7	Describe the class and caste system and their influence on health and health practices	<p><b>Social Stratification</b>  Meaning &amp; types of social stratification  The Indian Caste system-origin &amp; features  Features of Caste in India Today Government polices for schedule caste, schedule tribe, and OBC Social Class system and status  Social mobility-meaning &amp; types  Race as a biological concept, criteria of racial classification  Salient features of Primary races Racism  Influence of Class, caste and  Race on health and health practices</p>	Lecture Discussion Community survey	Essay type Short answers Assessment of report on community survey
VIII	6	Describes the types of communities in India, their practices and the impact on health	<p><b>Types of communities in India (Rural, Urban and Regional)</b>  Features of village community &amp;  Characteristics of Indian villages Panchayat system, social dynamics  Community development project and planning  Changes in Indian Rural life  Availability of health facilities in rural and its impact on health and health practices  The growth of cities: Urbanisation and its impact on health and health practices  Major Urban problems – Urban Slums  Region; problems and impact on Health</p>	Lecture Discussion Visits to rural and urban community survey	Assessment Of report on community survey

IX	4	Explain the process of Social Change	<b>Social Change</b> Nature and process of Social Change Factors influencing Social change: cultural change, Cultural lag, culture and health (with special reference to women's health). Introduction to Theories of social change: Linear, Cyclical, Marxian, Functional, Sanskritisation and Modernisation. Role of nurse -Change agents	Lecture Discussion	Essay type Short answers
X	4	Describe the Social system and inter-relationship of social organizations	<b>Social organization and social system</b> Social organization: elements, types Democratic and authoritarian modes of participation, Voluntary associations Social system: Definition and Type of social system Role and Status as structural elements of social system with reference to women's role and status and its impact on family. Inter-relationship of institutions	Lecture Discussion Observation visits	Essay type Short answers Assessment of visit reports
XI	2	Explain the nature and process of social control	<b>Social Control</b> Nature and process of social control Political Legal, Religious, Educational Economic. Industrial and Technological system, Norms & Values- Folkways & Mores Customs, Laws and fashion Role of nurse	Lecture Discussion Community survey	Essay type Short answers Assessment of report on community survey
XII	15	Describe the role of the nurse in dealing with social problems in India	<b>Social Problems</b> Social disorganization Control & planning: poverty, housing, and illiteracy. Food supplies, prostitution, rights of women & children, Government health programs, vulnerable groups, elderly, handicapped minority groups and other marginalized groups, child labour, child abuse, delinquency and crime, substance abuse, HIV/AIDS. Social Welfare programmes in India Role of nurse	Lecture Discussion Institutional visits	Essay type Short answers Assessment of visit reports

## **BIBLIOGRAPHY:**

1. Sachadeva Y.V., An introduction to sociology, kithab mahal : Allahabad
2. R.K.Manelkar, Sociology for Nurses, Sivosankar T.P., Vora Medical Publications
3. K.P.Pothen, S.Pothen, Sociology for Nurses, 3rd Edition, N.R.Brothers, Indore.  
C.N. Shankar Rao Principals of sociology with introduction to social thoughts, S Chand E Company Publishers
4. Ashok N.Patel, S.S.Hooda, Sociology
5. Dr.N.H.Groenman, Dr.O D'aslevin, M A Bockenham, Social and Behvioural sciences for Nurses, 1st edition, Companion Press Ltd.
6. Dr.Ajithkumar Sinha, Principles of Sociology, Lakshmi Narain Agarwal educational publishers
7. T.B.Bottomore, Sociology A guide to problem and literature, 2nd edition, Blockie & Sons Publishers Pvt. Ltd.

## **EVALUATION**

### **INTERNAL ASSESSMENT: (Theory Exams)**

**Maximum Marks: 25**

Mid-term Examination: 50 Marks

Pre-final Examination: 75 Marks

Total: 125 Marks

(125 Marks to be converted in to 25 Marks for Internal Assessment (Theory))

### **EXTERNAL ASSESSMENT: (Theory)**

University examination: 75 Marks